

FRED AGEL RECEIVES DISTINGUISHED OLDER GEORGIAN AWARD

Senior Connections' Longtime Supporter 2013 Honoree

(Atlanta, January 30, 2013) – Senior Connections is pleased to announce that longtime supporter and former board member J. Frederick Agel, Sr. has been named the 2013 Distinguished Older Georgian by The Georgia Council on Aging. Senior Connections nominated Mr. Agel because of his continuing commitment to his community, the work Senior Connections does on a daily basis, and many other civic and social organizations.

“We couldn’t be happier for Fred and prouder of our part in nominating him for this award,” said Debra Furtado, chief executive officer of Senior Connections. “Fred’s years of service to Senior Connections is just a small fraction of what he’s given back to this region. It’s a well deserved honor and we can’t wait to be a part of the award event.”

Mr. Agel will receive his award on Thursday morning, February 28, 2013, at the Georgia Capitol. A resolution recognizing Mr. Agel’s contributions will be sponsored and read by Senator Fran Millar at the Capitol during a session of the Georgia Assembly. The Georgia Council on Aging sponsors Senior Week at the Capitol annually to encourage seniors to remain active in government and advocacy. Seniors will visit the Capitol on February 27 and 28, 2013 to advocate for senior funding.

Fred was an original founder of Senior Connections, serving as a board member, working on the capital campaign and is a long-time Meals On Wheels volunteer. His other former philanthropic and community service includes DeKalb County United Way Council, DeKalb County Council on Literacy, Episcopal Charities Foundation, Jerusalem House, and the DeKalb County Community Service Board, just to name a few. Additionally, he was the DeKalb County Board of Health Board Chair for many years serving under multiple county CEOs. Fred is committed to social justice and particularly public health – he believes in the value of public health and the need for access to public health for all citizens.

A World War II veteran and corporate leader in metro Atlanta, Fred continues to actively support Oglethorpe University and St. Bartholomew’s Episcopal Church, while just last year stepping down from the National Association of Local Boards of Health, of which he was a founding member. At the age of 84, Fred has attempted to retire twice

and enjoy a life of leisure. He has failed miserably because he continually sees the need for caring, committed service to his community.